



Synergy Physical Therapy Group, LLC



Jukka Pietila PT OMPT

Jukka earned his PT-degree in 1990 from Lappish Health Care Institute, Rovaniemi, Finland. He practiced there until 1994, when he moved to Michigan to work as a Physical Therapist. Jukka returned to Finland in 1997 to advance his studies and earned his Master's Degree from the University of Oulu.

Jukka returned to Michigan in 1998 and has practiced full time in various outpatient settings since then, specializing in orthopedics. He earned a Graduate Certificate in Orthopedic Manual Physical Therapy from Oakland University, Rochester, Michigan in 2004. Jukka joined Synergy PT-Group in 2006. He currently manages our Big Rapids clinic and also sees patients at Heritage Pointe location.

Jukka specializes in OMPT (Orthopedic Manual Physical Therapy), which is a comprehensive evaluation and treatment system for orthopedic conditions. These conditions include: neck pain, back pain, TMJ, spine dysfunctions, LBP, headaches, shoulder pain, hip pain and knee pain. OMPT-treatments include: functional massage, soft-tissue mobilization, mobilization techniques for the spine and extremity joints, manual traction and manipulation for the spine and the extremity joints. OMPT-exercises include: selfmobilization techniques for the spine, nervous system and extremity joints, strengthening/stretching techniques and dynamic stabilization for the spine.

Jukka is a APTA certified clinical instructor and instructs Physical Therapy students from Grand Valley State University during their clinical internships.

Patients of Michigan Pain Consultants & Synergy Physical Therapy Group can expect skilled and knowledgeable therapists that understand the differences between an acute pain and a chronic pain condition and how to manage those differences.

Our goal at Synergy Physical Therapy is to help relieve the patients' pain and discomfort, decrease impairment and dysfunction, improve or maintain function, prevent or minimize disability, and educate our patients to be effective in self management.

LOCATIONS

Synergy PT at MPC Big Rapids

15044 220th Ave
Big Rapids, MI 49307

Synergy PT at MPC Heritage Pointe

2060 East Paris Ave
SE #200,
Grand Rapids, MI
49546.

Synergy PT at MPC Holland

844 Washington Ave
#100
Holland, MI 49423

Synergy PT at MPC Lakeshore

1675 East Mount
Garfield Road #135,
Muskegon, MI 49444

Synergy PT at MPC South

2147 Health Drive SW
Wyoming, MI 49519

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